

EVERYTHING YOU NEED TO KNOW: HOLY HOOPS AT RED WILLOW

WHAT TO BRING

- Bible
- Clothing* for warm or cold weather
- Swimsuit**
- Towels
- Sunscreen & bug spray
- Water bottle
- Closed-toe shoes
- Sleeping bag & pillow
- Toiletries
- Pajamas
- Medications
- Canteen money

WHAT NOT TO BRING

Please do not bring cell phones, iPods, CD players, hand held games, or any other electronics. Alcohol, tobacco, weapons, and non-prescription drugs are strictly prohibited.

**YOUR REMAINING
REGISTRATION BALANCE
IS DUE AT ARRIVAL.**

ARRIVAL AND DEPARTURE TIMES

- Arrival & Check In: On the first day of camp, check in between 3 pm and 4 pm. Staff will not be ready for campers before 3:00. If you arrive early you are invited to walk around camp with your camper.
- Departure: Camp ends at the Griggs County Central Gym in Cooperstown (1207 Foster Ave NE) around 2pm with the following schedule:
 - 11:30 am - Lunch (Free-will donation: family members are welcome)
 - 12:15 pm - Tournament begins, with closing awards ceremony following
 - Campers may leave from Cooperstown after the awards ceremony. Camper's belongings will be brought to Cooperstown to be picked up there.
 - Please indicate on the registration form how many family members will be attending lunch in Cooperstown.

HEALTH & MEDICATION

ALL prescriptions and over the counter medications must be in their original containers with the dosage, purpose, and camper's name on the bottle. Place all meds in a labeled zip-lock bag. Include detailed instructions and bring all medications to the registration table during registration.

CLOTHING POLICIES

Make sure to pack closed-toe shoes. Flip-flops and Crocs can only be worn for showers and while at the pool or waterfront. Keep in mind that you will be outside most of the day, so be sure you pack some clothes that can get dirty!

* Chest, stomach, and backside must be adequately covered. Any clothing deemed to be inappropriate by camp directors will not be allowed.

**We require modest, appropriate bathing suits. Bikinis and speedos are not allowed.

CONTACT YOUR CAMPER

Snail Mail:

Camper's Name
Red Willow Bible Camp
1651 Jacob Drive Binford ND 58416

You can also bring letters to registration! Write the day of delivery on the envelope.

Email:

camper@redwillowbiblecamp.org
(Please put camper's first AND last name in subject)

CANTEEN

Campers will have an opportunity to visit the canteen and purchase snacks, beverages, clothing, and other items. Snacks, pop, and souvenirs start at \$1.50 and most clothing options are between \$10 and \$40. Suggested deposit is \$25.

HOMESICKNESS AND YOUR CHILD

Homesickness is a common reaction to a new environment. Our staff and counselors are trained to help your child adjust to camp life. Parents/guardians can help!

- Please refrain from using the title "homesick." At camp we will talk about "missing home" instead.
- Talk positively about the upcoming camp experience and about the possibility of missing home. Assure them that it is normal and okay to miss home.
- Don't express your own anxiety about your child being away from home.
- Let your child know that you love them and that camp will be a great experience. Do not tell your child that you will come and get them, call or in any way "rescue" your child.
- Send letters or emails to arrive on the first or second day of camp. Focus on what is happening at camp rather than home. If you have any concerns about your child and homesickness please speak with the Assistant Director.

PLEASE COMPLETE YOUR FORMS 2 WEEKS BEFORE YOUR CAMP SESSION:

Complete these through online registration. Please call if you would like paper copies.

- Health Form (including Immunization Records & a copy of your health insurance)
- Camper Profile

DIRECTIONS TO CAMP

- The simplest way to find the camp is to get to ND Hwy 1, which is North-South and gets you within 2 miles of the camp.
- Look for a big brown sign on Hwy 1, 7 miles North of Binford or 10 miles South of Pekin. The sign will say "Red Willow Recreation Area." It will say "Youth Camp" underneath. This is County Hwy 2.
- Turn west on County Hwy 2. Go about 1.7 miles until you get to a Y. (If you go left it leads you to Red Willow Resort.)
- Turn right onto a gravel road and go about 1/2 mile until you get to large sign on the left which says "Welcome to Red Willow Bible Camp!" Follow signs to Retreat Center.